



CampCardiac

New York University School of Medicine
550 First Avenue
New York, NY 10016

Monday, August 4th – Friday, August 8th

Day 1 (Monday, Aug 4)

- 8:30am-9:00am: Check-in & welcome
Camp overview
- 9:00am-10:00am: Anatomy and physiology of the heart – led by medical students
- 10:00am-11:00am: Atherosclerosis and heart attack – led by medical students
- 11:00am-11:30am: Group photos & team project overview
- 11:30am-12:05pm: Healthy living exercises
- 12:05pm-1:00pm: Heart healthy lunch & conversations with medical students
Includes flexible time for team project
- 1:00pm-2:30pm: Patient interview skills workshop – led by medical students
Interactive case activity on heart attacks
- 2:30pm-4:00pm: Pig heart dissection – led by medical students

Day 2 (Tuesday, Aug 5)

- 8:30am-9:00am: Check-in & overview of the day
- 9:00am-10:00am: Heart sounds and valvular diseases – Dr. Reynolds
- 10:00am-10:45am: Group 1: Visit to the catheterization lab – Dr. Slater
Group 2: Medical student panel
Our journey to medical school. Ask us anything!
- 10:45am-11:30am: Group 1: Medical student panel
Group 2: Visit to the catheterization lab – Dr. Slater
- 11:30am-12:30pm: Meet a cardiothoracic surgeon – Dr. Balsam
Heart healthy lunch will be served.
Questions encouraged!
- 12:30pm-1:05pm: Healthy living exercises
- 1:05pm-4:00pm: CPR certification

Day 3 (Wednesday, Aug 6)

- 8:30am-9:00am: Check-in & overview of the day
- 9:00am-10:00am: Neurovascular diseases: exploring the brain-heart connection – Dr. Zagzag
Joint Camp Cardiac/Camp Neuro lecture
- 10:00am-11:30am: Stroke physical exam workshop – Dr. Oppenheimer
Joint Camp Cardiac/Camp Neuroactivity
- 11:30am-12:00pm: Medical school tour (SIM center)
- 12:00pm-12:35pm: Healthy living exercises
- 12:35pm-1:30pm: Heart healthy lunch & conversations with medical students
Includes flexible time for team project
- 1:30pm-3:00pm: Heart failure – Dr. Saric
- 3:00pm-4:00pm: Surgical skills workshop – Dr. Hopkins

Day 4 (Thursday, Aug 7)

- 8:30am-9:00am: Check-in & overview of the day
- 9:00am-10:00am: Introduction to heart medicine & echocardiography –
Dr. Phoon
- 10:00am-11:30am: Health careers panel
*Featuring representatives from NYU School of Medicine,
NYU College of Dentistry, NYU College of Nursing.
Questions encouraged!*
- 11:30am-12:05pm: Healthy living exercises
- 12:05pm-1:30pm: Heart healthy lunch & conversations with medical students
Final day to finish team project
- 1:30pm-3:00pm: Living with heart disease – Dr. Gianos & patient
Questions encouraged!
- 3:00pm-4:00pm: Virtual cardiac surgery - Coronary Artery Bypass Graft
Procedure (CABG) – Dr. DeAnda

Day 5 (Friday, Aug 8)

- 8:30am-9:00am: Check-in & overview of the day
- 9:00am-10:30am: Nutrition – understanding facts and myths – led by medical students
- 10:30am-11:45am: Meet an electrophysiologist – Dr. Park
Includes ECG demo. Questions encouraged!
- 11:45am-1:00pm: Heart healthy lunch & student team project presentations
Prizes given to best presentation
- 1:00pm-2:00pm: Virtual autopsy – Dr. Thomas
- 2:00pm-2:35pm: Healthy living exercises
- 2:35pm-3:30pm: Week in review and Jeopardy!
- 3:30pm-4:00pm: Graduation and certificate ceremony



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